

Menu Due: November 8, 2023

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Alfredo Pasta **4**
 ¾ c Broccoli
 ½ c Fresh Pear
 1 oz-eq Dinner Roll (WGR)
 Milk

Popcorn Shrimp **5**
 ½ c Green Beans
 ½ c Mashed Potatoes
 ½ c Fresh Orange
 ½ oz-eq Choc. Chip Cookie (WGR)
 Ketchup Pkt
 Milk

Chicken Kale Caesar Wrap **6**
 ½ c Fresh Broccoli Florets
 1 oz-eq Cheez-It Crackers (WGR)
 ½ c 100% Fruit Juice
 Ranch Pkt
 Milk

Penne Pasta w/ Meat Sauce **7**
 ½ c Raw Cauliflower
 ½ c Fresh Apple
 1oz-eq Garlic Bread Roll
 Ranch Pkt
 Milk

Cheese Pizza (Domino's Smart Slice) **1**
 ¼ c Cucumber Slices
 ½ c Baby Carrots
 ½ c 100% Fruit Juice
 Ranch Dressing Pkt
 Milk

Hot Dog on WGR Bun **11**
 ¼ c Green Beans
 ½ c Homemade Baked Beans
 ½ c 100% Fruit Juice
 Ketchup Pkt
 Milk

Grilled Cheese Sandwich **12**
 ½ c Tomato Soup
 ½ c Peas
 ½ c Fresh Pear
 Milk

Beet Soup (Borshcht) **13**
 ½ c Green Beans
 ½ c Applesauce Cup
 1oz-eq String Cheese Stick
 1oz-eq Dinner Roll
 2 T Sour Cream Pkt
 Milk

Grilled Chicken Sandwich **14**
 (w/Lettuce & Tomato)
 ½ c Sweet Potato Fries
 ½ c Fresh Peach
 1Tbsp Low-Fat Mayo Pkt
 Milk

Chicken Wings (4) **8**
 1 oz-eq Cheez-It Crackers (WGR)
 ¼ c Cucumber Slices
 ½ c Baby Carrots
 ½ c 100% Fruit Juice
 1 oz-eq String Cheese
 Ranch Pkt
 Milk

Mexican Pizza **15**
 ¼ c Chickpeas
 ½ c Baby Carrots
 ½ oz-eq Choc. Chip Cookie (WGR)
 ½ c Fresh Orange
 Milk

Waffles & Turkey Sausage **18**
 ¼ c Cherry Tomatoes
 ½ c Vegetable Juice
 ½ c Fresh Orange
 Syrup Pkt
 Milk

Breaded Chicken Drumstick **19**
 ¼ c Peas
 ½ c Mashed Potatoes
 ½ c Fresh Pear
 1oz-eq Garlic Bread Roll
 Milk

Cheeseburger on WGR Bun **20**
 ¼ c Homemade Baked Beans
 ½ c Waffle Cut French Fries
 ½ c 100% Fruit Juice
 Ketchup Pkt
 Milk

Cheese Breadsticks (2) **21**
 ¼ c Marinara Sauce
 ½ c Garlic Broccoli
 ½ c 100% Juice
 Milk

NO SCHOOL
Teacher In-Service Day **22**

NO SCHOOL
Winter Break **25**

NO SCHOOL
Winter Break **26**

NO SCHOOL
Winter Break **27**

NO SCHOOL
Winter Break **28**

NO SCHOOL
Winter Break **29**

Lunch: Full Price \$3.30, Reduced Price \$0.40, Adult Price \$4.75
Breakfast: Full Price \$2.30, Reduced Priced \$0.30, Adult Price \$3.75